



Safety Corner

Lincoln County | July 2015



In today's hectic and fast paced world, it seems that many drivers carry their frustrations and impatience into their vehicle with them. Road rage is something you must be aware of as a driver. Some drivers lose their self-control over certain actions or perceived intentions and are willing to physically fight or engage in dangerous driving activities to retaliate against their perceived opponent. This training topic is intended to give you the information you need to avoid becoming the victim of road rage –or succumbing to it yourself. At the end of the topic, you will find a self-evaluation to determine if your particular driving style has risk factors that may trigger a road rage incident.

You Can Control Road Rage - Here are a few tips on how to deal with aggressive drivers, plus helpful hints to reduce your own stress while driving.

Protect Yourself

If you are dealing with an aggressive driver, make sure your doors are locked. If you're stopped in traffic, leave enough room to pull out from behind the car you're following. If an aggressive driver confronts you, dial 911 or go to the nearest police station

Don't Take It Personally

Be polite and courteous, even if the other driver isn't. Avoid any conflict, if possible. If another driver challenges you, take a deep breath and move out of the way! Never underestimate the other driver's capacity for causing mayhem.

Reduce Your Own Stress Level

Allow plenty of time for a trip and listen to soothing music when you drive. Make sure your seat position and climate are both comfortable for you. And mostly understand that you cannot control traffic, only your reaction to it. In the end, you may find that personal frustration, anger and impatience are the real danger zones on the highway.

Report Aggressive Drivers

Some states have a phone number that you can use to report dangerous driving to the appropriate law enforcement agency. Keep the number handy on your cell phone. If you make a call, be sure you give a vehicle description, license number, and the location and travel direction. You could prevent a tragedy.

SAFETY COMMITTEE MEMBERS

- Vic White, EMA, Chair
- Lisa Oedewaldt, EMA Vice-Chair, training
- Brenda Rebo, Annex, Record Keeper
- Tom Magone, Maintenance,
- Leigh Riggleman, Clerk & Recorder
- Laura Schrader, Sheriff
- Craig Schultz, Libby Road #1
- Rob Jorgensen, Eureka Road #3
- Rick Ball, Library
- Dennis Day, Landfill
- Karmen McKinney, North Annex
- Dick Wornham, Ambulance
- Patti Noble, District Court

MONTHLY DEPARTMENTAL SAFETY MEETINGS

Please remember, monthly departmental safety meetings must be documented and attendance rosters turned into Brenda Rebo. Attendance rosters should be turned in at the conclusion of each monthly safety meeting. The county will continue to conduct quarterly dinner gift certificate drawings for employees of departments who have 100% attendance at their monthly safety meetings. Employees attending all 12 departmental safety meetings shall be eligible for a safety incentive award at the end of the year.

