



Your Employee Assistance Program (EAP) Provided by Sapphire Resource Connection (SRC)

To schedule your confidential appointment, simply call one of these licensed, independent counselors directly. If you need a counselor in another area, please log onto the Web site noted below for a complete listing.

Libby, MT Lisa Thiel, LCSW 803 California Avenue, #3 Depression/Anxiety, Children 3+, Adolescents, Family Therapy, Marital, Adjustment Disorders (406) 885-6074	Libby, MT Joan Christiansen 211 Mineral Avenue Anxiety/Depression/Trauma/Family Issues/Children & Adolescents (2+) (406)293-7900
Eureka Alice Sterling, LCPC, LAC Call for address Individual/Couples/Family/Group/Eating Disorders (406) 889-3653 or (406) 293-6118	Kalispell, MT Helen Brooks, LCPC 40 2 nd St. E., Ste. 204 Individuals/Couples/Adolescent Therapy/Grief/Trauma/Aging/CISD (406) 257-0470
Libby, MT Randy, Guinard, LCSW 703 California Ave Individuals/Families/Children 3+/ Play Therapy/Reunification – CPS/Crisis Management (406) 293-3993	Libby, MT Leslie Sterling, LCPC 421 Montana Street Individuals, Families, Depression, Anxiety, Mood Disorders, PTSD, Trauma-based issues (406) 297-3435
Eureka, MT Frances Gryl, LCSW Individuals, Families, Depression, Anxiety, Mood Disorders, PTSD, Trauma-based issues (406) 297-3435	Troy, MT Jeanie Winstrom, LCPC Individuals, Couples, Adolescents, Families, Anxiety/Depression, Adjustment Disorders, Trauma Recovery, Clinical Hypnosis (406) 219-5140

LCPC = Licensed Clinical Professional Counselor / LCSW = Licensed Clinical Social Worker

Important facts to remember regarding your EAP:

- Up to six (6) counseling sessions are available per incident for employees, spouses, and dependent children (those claimed as dependents for tax purposes)
- Important: Appointment cancellations (including 'No Shows') with less than four (4) hours' notice to counselor prior to schedule time will count as a session.
- Counseling sessions are not restricted to job-related issues; counseling assistance may be sought for many reasons.
- Counselors are independent, private therapists contracted through SRC. The independent status of the EAP counselors assures a high degree of objectivity in the counseling process.
- Confidentiality-No information regarding any client, not even confirmation of attendance at sessions, is provided to your employer or to individuals within the company without a signed, designated release of information.
- Generic utilization reports to your employer maintain confidentiality and do not contain personal identifying information.
- www.sr-connection.com has, available to you, an EAP counselor locator; ask a counselor a question, *Healthy Exchange* (online newsletter) and *Helpguide*, an online mental health and healthy lifestyle resource. **To access the SRC Counselor List, simply go to the website, then Member Services, select SRC Counselor List and enter the name of the city where you want to be seen. Just call the EAP counselor your choose from the list to set up your 1st EAP appointment. No password needed!**
- For after-hours or weekend EAP needs, you may call the toll-free crisis line at (866) 767-9511 or (406) 523-7707

We hope you will take advantage of this program offered to you as an employee of Lincoln County through Sapphire Resource Connection, Inc.