

City-County Board of Health for Lincoln County

418 Mineral Ave
Libby, MT 59923



March 18, 2020

The goal of implementing early intervention strategies is to slow the transmission of Covid-19 and to protect individuals at increased risk for severe illness, including older adults and persons of any age with underlying health conditions.

The City-County Board of Health for Lincoln County recommends that individuals take personal responsibility and do their part in slowing the rate of transmission by practicing personal protective measures:

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing, or having been in a public place.
- If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- To the extent possible, avoid touching high-touch surfaces in public places.
- Avoid touching your face, nose, eyes, etc.
- Practice routine cleaning and disinfecting of frequently touched surfaces (for example: tables, doorknobs, light switches, handles, desks, toilets, faucets, sinks & cell phones)
- Implement social distancing measures by avoiding crowds and limit the number of attendees to less than 10 people.
- Consider reaching out by phone or online to conduct normal business.
- Avoid all non-essential travel.

Businesses, including bars, restaurants, casinos and gyms, are urged to begin immediate preparations for alternate ways of performing day-to-day activities. It is recommended that businesses ensure social distancing by:

- Closing any areas where groups could congregate (e.g. meeting rooms and dining rooms)
- Limiting food services to take-out, delivery, drive-thru
- Offering services online or by phone
- Allowing employees to work remotely
- Providing flexible and lenient sick leave.

Continue to monitor local information about COVID-19 by calling 406-293-6295.